

BREAKFAST/BRUNCH

FULL SCOTTISH - £13.50

Pork sausage, bacon, black pudding, fried egg, potato scone, mushrooms, grilled tomato and baked beans, served with buttered toast.

VEGETARIAN FULL SCOTTISH - £12.50

Vegetarian sausage, fried egg, potato scone, mushrooms, grilled tomato and baked beans, served with buttered toast. V

EGGS ON TOAST - £7.50

Two eggs, poached, fried or softly scrambled, served on buttered white or brown toast. Add avocado for that extra touch. V

BREAKFAST ROLL - £5.50

A warm morning roll with your choice of bacon, pork sausage, fried egg, black pudding or potato scone.

EACH ADDITIONAL FILLING - £1.75

BUTTER CROISSANT – £3.50

CHOCOLATE CROISSANT - £3.95

SEABANK NOURISH BOWL - £7.95

Natural yogurt, fresh seasonal fruit layered with toasted granola and finished with a delicate drizzle of honey, chia seeds, coconut and chocolate.

WELLNESS GREEN SMOOTHIE - £5.95

Apple, spinach, banana, apple juice and greek yogurt

SUPER BERRY SMOOTHIE - £5.95

Strawberries, blueberries, banana, apple juice, greek yogurt

GOLDEN GLOW SMOOTHIE - £5.95

Tropical fruit, apple, banana, orange juice & greek yogurt

SANDWICHES/ PANINIS/TOASTIES/ BAKED POTATOES

SEABANK SMOKEHOUSE SANDWICH - £12.50

Smoked BBQ chicken, smoked applewood cheese, smoked apple slaw, salad & honey-mustard dressing on toasted brown bread. Served with dressed leaves and crisps.

BLT SANDWICH - £10.50

Bacon, mixed lettuce and ripe tomato layered on toasted brown or white bread with creamy mayonnaise.

SEABANK CLUB SANDWICH - £12.50

Layers of chicken, bacon, tomato and crisp lettuce with mayonnaise, stacked between slices of toasted brown or white bread.

SOUP OF THE DAY: £8

Served with bread or oatcakes - GF

BUILD YOUR OWN

SANDWICH (BROWN/WHITE) - GF - £9

TOASTIE (BROWN/WHITE) - GF - £10

TOASTED PANINI - £10.50

BAKED POTATO - £10

ADD SOUP TO YOUR SMOKEHOUSE SANDWICH - £16.50

ADD SOUP TO YOUR SANDWICH - £13

ADD SOUP TO YOUR TOASTIE - £14

ADD SOUP TO YOUR PANINI - £14

Fillings:

Tuna Mayo,
Cheese (or add honey/hot honey/pickle),
Chicken Mayo or add red onion chutney,
Coronation chicken,
Egg Mayo
Brie and Cranberry

MAINS

SEABANK SMOKEHOUSE SALAD - £13.95

Smoked BBQ chicken, smoked Applewood cheddar and crisp apple slaw over seasonal leaves, finished with honey-mustard dressing.

CHICKEN CAESAR SALAD - £13.95

Tender chicken, mixed lettuce, parmesan and golden herb croutons, tossed in a creamy Caesar dressing.

AUTUMN SALAD - £11.95

Beetroot, chickpeas and lentils on a bed of mixed lettuce, finished with a drizzle of extra-virgin olive oil. VG

MAC AND CHEESE - £12.50

Pasta folded through a rich, creamy cheese sauce with mature cheddar and a crisp golden crumb, served with dressed leaves, coleslaw and crisps. V

HOMEMADE BEEF LASAGNE - £14.50

Layers of slow-cooked beef ragù, pasta and creamy cheese sauce baked beneath bubbling golden cheese and served with dressed leaves, coleslaw, crisps and garlic bread.

SEABANK STEAK BURGER - £15.50

A juicy homemade Scottish beef burger topped with smoked Applewood cheddar, crisp apple slaw and honey-mustard sauce in a toasted brioche bun, served with crisps and dressed leaves.

PRE-BOOK ONLY

AFTERNOON TEA - £25PP

A selection of freshly prepared sandwiches served with soup, a classic scone with cream & jam and a selection of cakes

AFTERNOON CHARCUTERIE TEA - £28PP

A selection of cured meats, cheeses, olives, vegetables /fruits, soup and sandwiches served with chutney and hummus. Accompanied with a small cake to finish

Add a glass of Prosecco or Champagne for £6.50/ £10PP



SEABANK

HOUSE
CAFÉ BAR

LIGHT BITES

MARINATED OLIVES - £4.50

WEEKEND CHARCUTERIE BOARD - £13.95

Available Friday, Saturday and Sunday

A chef's selection of cured meats served with house pickles, chutney and toasted bread.

BUTTERED TOAST (BROWN/WHITE) - £3.25

White or brown toast served with butter and your choice of jam or marmalade.

SCONES/SWEET TREATS

SCONES - £3.75-£5

Choose from plain or different fruits, fudge or chocolate scones

BUILD YOUR OWN PANCAKES - £6.95

A warm stack of fluffy pancakes with maple syrup and your choice of one topping.

BUILD YOUR OWN WAFFLE - £6.95

A warm golden waffle with your choice of one sauce and one topping.

TOPPINGS – £1.25 EACH

Fresh strawberries • Banana • Whipped cream
• Vanilla ice cream • Chocolate sauce • Biscoff sauce • Nutella • Salted Caramel • Caramel

SWEET TREATS - £3.75 - £4.75

Choose from our daily selection of homemade cakes, tray bakes at the bar.

HOT DRINKS

ESPRESSO	£2.90
AMERICANO	£3.20
CAPPUCCINO	£3.90
LATTE	£3.90
FLAT WHITE	£3.60
MOCHA	£4.10
HOT CHOCOLATE	£4.00
(WITH CREAM/MARSHMALLOWS)	£0.30
SMALL HOT CHOCOLATE	£3.50
(WITH CREAM/MARSHMALLOWS)	£0.30
MATCHA	£4.50
MATCHA WITH FRUIT	£5.50
TEA	£2.60
FRUIT TEA	£3.50
HERBAL TEA	£3.70
IRISH COFFEE	£7.50
BAILEY'S LATTE COFFEE	£7.50
BAILEY'S HOT CHOCOLATE	£8.50
AMARETTO LATTE COFFEE	£7.00
SYRUP	£0.90

COLD DRINKS

CAN: COKE, SPRITE, FANTA, IRN-BRU	£2.70
DRAUGHT HALF - COKE, LEMONADE	
HALF: £2.50 / PINT: £4.00	
APPLETISER	£4.00
SANPELLEGRINO	£4.00
GINGER BEER	£3.00
J2O	£4.00
FRESH ORANGE	£4.00
SPARKLING WATER	£2.80
TONIC WATER	£2.80

ICED DRINKS

ICED COFFEE	£3.90
ICED TEA	£2.60
ICED FRUIT TEA	£3.50
ICED MATCHA	£4.50
ICED FRUIT MATCHA	£5.50

WHITE WINE

HOUSE WHITE - PINOT GRIGIO - ITALY	
175ml: £8.50. 250ml: £10.50 / Bottle: £28	
SAUVIGNON BLANC - PETAL & STEM - NZ	
Bottle: £30	
CHARDONNAY - JOURNEYS END - SA	
Bottle: £33	
GAVI - GAVI DI GAVI - ITALY	
Bottle: £39	

ROSE WINE

HOUSE ROSE - PROVENCE - FRANCE	
175ml: £8.50 / 250ml: £10.50 / Bottle: £28	
PROVENCE – MIRABEAU - FRANCE	
Bottle: £32	
PROVENCE – THE PALE ROSE - FRANCE	
From the Whispering Angel Vineyard.	
Bottle: £44	

RED WINE

HOUSE RED - MERLOT - FRANCE	
175ml: £8.50. 250ml: £10.50. Bottle: £28	
PRIMITIVO MENSA ORGANIC – ARG	
Bottle: £32	
MALBEC – PORTILLO ORGANIC – ARG	
Bottle: £32	
CABERNET SAUVIGNON ANGUS THE BULL	
AUS	
Bottle: £38	

FIZZ

HOUSE CHAMPAGNE - FRANCE	
125ml: £10. Bottle: £50	
PROSECCO – ITALY	
125ml: £6.50. Bottle: £28	
PREMIUM CHAMPAGNE - FRANCE	
Bottle: £95	

BEER

TENNENTS - DRAUGHT	£5.00
INNIS & GUNN - DRAUGHT	£6.00
OSSIAN - DRAUGHT	£6.00
BIRRA MORETTI - BOTTLE	£4.50
ESTRELLA DAMN - BOTTLE	£2.90
MADRI - BOTTLE	£5.40
BUDWEISER - BOTTLE	£4.50
CORONA - BOTTLE	£4.50
PERONI - BOTTLE	£4.50
GUINNESS - CAN	£5.00
CAIRNGORM BLACK GOLD - BOTTLE	£6.00

CIDER

THATCHERS GOLD - BOTTLE	£6.90
REKORDERLIG CIDER -	
STRAW/LIME	£6.50

LOW/NO ALCOHOL

GUINNESS ZERO 0% VOL – CAN	£4.00
PUNK 0.5% VOL AF	£4.00
INNIS & GUNN 0.5% VOL	£4.00
CRODINO 0% VOL	£3.00
NOSECCO 0% VOL - BOTTLE	£11.95

COCKTAILS

TROPICAL DRIFT - COCKTAIL: £11.50	
Vodka, passion fruit, lime mixed with the tropics	
NIGHT OWL - COCKTAIL: £11	
Sweet, fresh with vodka and a splash of coffee for energy	
WOODLAND SPICE - COCKTAIL: £11.50	
Spiced rum, lemonade infused with spiced herbs and chilli	
MINTY MEADOW - COCKTAIL: £11	
Rum, fresh mint leaves, dash of lemon with a cuban twist	
AMBER ELIXER - COCKTAIL: £11.50	
Amaretto mixed with egg whites	

MOCKTAILS

TROPICAL DRIFT - MOCKTAIL: £8.00	
Passion fruit mixed with lemonade and lime	
NIGHT OWL - MOCKTAIL: £7.00	
Sweet vanilla, milk with a splash of coffee for energy	
WOODLAND SPICE - MOCKTAIL: £8.00	
Spiced herbs and chilli's mixed with lemonade	
MINTY MEADOW - MOCKTAIL: £7.00	
Fresh mint leaves, dash of lemon with a cuban twist	
VANILLA ELIXER - MOCKTAIL: £8.00	
A smooth sweet vanilla flavour mixed with egg whites	

DIETARY INFORMATION

V – Vegetarian | VG – Vegan | GF – Gluten-free option available

Please tell a member of our team about any allergies or dietary requirements before ordering. Our kitchen handles all major allergens, so we cannot guarantee a completely allergen-free environment.